

2 – Stoney Middleton to Haywood Car Park

3.1 miles

1. To rejoin the walk, cross the road from the Moon Inn and retrace your steps up the lane for about 20 yards. On your right is another lane heading for the church – take this lane and after about 20 yards it swings to the left. Follow this with the church on your right.
2. Immediately after the church, follow the lane round to the right. Continue along the lane for about 100 yards until you reach a footpath sign on your right (where the lane bears left). Cross over the stile and walk along the path leading through some trees. Once clear of the trees the path splits – take the path to the left, heading uphill to a gap in the trees.
3. At the top of the hill you walk, with a wall on your left, to a stile in a wall. Climb over the stile and bear 45° left, heading for Knouchley Farm. Walk through the farm with the farm buildings on your right and join the main lane heading down to the road.
4. At the road, cross straight over to a stile opposite. Climb over the stile and proceed straight ahead and downhill towards the river. Approximately two thirds of the way down the hill you meet a stile on your left. Cross over this and continue down to the river.
5. At the river turn left and follow the path, keeping the river to your immediate right, until you reach the bridge. You are now at Froggatt.
6. Climb the stile onto the road, turn right and cross the bridge. Once over the bridge turn left at the road junction and walk through the village of Froggatt, keeping on the low road (walking in a straight line).
7. When you reach the Wesleyan Chapel on your right, where the road bends right, you continue straight ahead, along a lane opposite (Spooner Lane), which has quaint cottages on its right. This lane becomes walled on either side and at the end of the lane you pass through a stile. Carry straight on with a wall to your right.
8. Where the wall ends, turn 45° right and head for a stile in the wall opposite. Pass through this stile and continue through the field, with a wall now on your left, heading for another stile in a wall. Pass through this stile and walk through another field, heading for a stile at the entrance to Froggatt Wood (National Trust property).
9. Enter the wood and keep to the path at the bottom of the wood. After about half a mile, on a well-used path, you reach the other side of the wood. Here you cross over the stile and head down to a kissing gate to your left. Pass through this, cross the dyke, and head 45° right across the field, following a well-defined path which leads to the right of a bridge. At the bridge pass through the kissing gate to join the road.
10. Turn right and walk up the road for about 30 metres. Here you turn right again onto a walled lane. The lane goes gently uphill, with a church and then houses to your left. After about 200 yards the lane swings to the right heading for some buildings. Follow the lane and, just short of the buildings, at a green metal footpath sign and wooden sign for “Grouse Inn”, turn left and follow the path into the wood (Haywood).
11. You now start to climb up through the wood, with a wall on your left, passing through a stile shortly after the start of your climb. Continue onwards and upwards and, where the wall on your left comes to an end, you continue on and up. On the way to the top of the hill, two paths cross – keep going upwards. Once near the top the path bears right, follow this path round into Haywood car park.

This is Checkpoint 2.